In Step

Life Steps Foundation

Summer 2026 Newsletter

LSF Central Coast Adult Services

SUMMER FUN AT THE MID-STATE FAIR

This summer, several of our individuals chose to spend an exciting evening at the California Mid-State Fair in Paso Robles. Each person had the opportunity to explore the fairgrounds, select the activities that interested them, and enjoy the sights, sounds, and flavors of this favorite Central Coast tradition.

Individuals listened to live concerts, watched entertaining shows such as the always-popular goat races, and visited the livestock exhibits featuring animals raised and cared for by local 4-H and FFA members. They were able to move through the fair at their own pace, spend time at the attractions they enjoyed most, and share the experience with friends and staff.





Of course, no fair adventure would be complete without trying some of the food! Individuals enjoyed choosing from a wide variety of options, including giant turkey legs, deep-fried desserts, and food trucks representing businesses from across the Central Coast.

Despite the hot summer weather, the evening was filled with laughter, music, new experiences, and plenty of memorable moments. The outing offered meaningful opportunities for decision making, community involvement, social connection, and some good old-fashioned fair fun!

LSF California Children and Family Services - Lancaster

CELEBRATING LOGAN'S COMMUNICATION JOURNEY

When Logan began receiving in-home speech therapy services at just 17 months old, his family had significant concerns about his communication development. His parents shared concerns about his limited communication skills, frequent tantrums, increasingly challenging behaviors, and the lack of noticeable progress in his speech. Initial assessments showed Logan's expressive language skills were at approximately a 7-month level and his receptive language skills were at a 9-month level.

Through consistent speech therapy, family involvement, and Logan's determination, remarkable progress followed. By the time he transitioned out of speech services at 36 months of age, his receptive and expressive language skills had advanced to the 33–36-month developmental range.

Receptively, Logan now demonstrates curiosity about how and why things work, follows three-step unrelated directions, identifies parts of objects, answers who, what, where, when questions, and follows directions that include two familiar attributes. Expressively, he shares recent experiences, communicates his physical needs and feelings, engages in conversations using sentences, counts to three, and uses increasingly complex language with longer utterances.

Logan's growth reflects the impact that speech therapy, dedicated family participation, and consistent therapeutic support can have on a child's communication development.

His increased ability to communicate has also helped build his confidence and provided his family with new ways to connect and interact with him.

Logan's mother shared these heartfelt words about his speech-language provider:

> *Thank you so much for everything you've done for Logan. Your patience, encouragement, and kindness have meant more to us than we can truly put into words.*



> *It has been such a joy to watch Logan grow in his communication and confidence, and we know that so much of that progress is thanks to your dedication and care. You made every session fun and encouraging, and it's clear to us that you put all your heart into your work. Logan absolutely loves you. We will truly miss you and all the time we've had with you. Thank you for all your support and guidance you have given our family. We are so grateful for the role you have played in Logan's journey and for all of your help.*

Stories like Logan's remind us that every milestone—big or small—is worth celebrating. We are honored to partner with families as they help their children build the communication skills that support lifelong learning, confidence, and meaningful connections.

LSF Southern California Children and Family Services

HAPPY CAMPERS

Summer Fun, Learning, and Friendship







This summer, Happy Campers Children's Center is keeping children active, engaged, and learning through exciting hands-on experiences. Activities include baking and decorating treats, painting and arts & crafts, sports and team games, water play and splash activities. Every day encourages creativity, friendship, confidence, and healthy active play while making lasting summer memories.

RETIREES





Life Steps Foundation proudly recognizes two remarkable team members as they begin their well-deserved retirements. After 23 years of dedicated service, Jeanne Chan leaves behind a lasting legacy of compassion, leadership, and commitment. Throughout her career, she positively impacted the lives of countless individuals, families, and colleagues across our Adult Services programs in California.

We also celebrate Lourdes Baquiran, who retires after 11 years as a Direct Support Professional with our Northern California Adult Services program. Her kindness, dedication, and unwavering support have made a meaningful difference in the lives of those she served.

We extend our heart felt gratitude to Jeanne and Lourdes for their years of service and wish them both joy, health, and happiness as they begin this exciting new chapter.

LIFE STEPS FOUNDATION®

LIFE STEPS PROGRAM LOCATIONS

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Diamond Bar, CA 91765
(562) 699-4991

Program Office
632 West Avenue
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Lancaster, CA 93534
(661) 266-0756

Program Office
2500 Pacific Park Drive
Whittier, CA 90601
(562) 699-4991

Happy Campers
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Baldwin Park, CA 91706
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LSF Children and Family Services Northern California
Main Program Office
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We Play We Learn
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LSF Central Coast Adult Services
218 West Carmen Lane
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LSF SoCal Adult Services
500 E. 4th Street
Long Beach, CA 90802
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Life Steps Foundation was launched in 1983 and has successfully improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently as possible as adults. We accomplish this by enhancing their abilities and providing aid in the areas of communication, money management, household upkeep, mobility, socialization, and making healthy life choices. In addition, we provide in-home assistance to frail seniors who desire to remain living in their own homes. Please consider joining our Life Steps community by providing a donation. All donations support of our work to brighten the lives of the children, adults, seniors, and families we assist. We also accept donations in the form of stocks, bequests, and vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

www.lifesteps.org

DONATE TODAY!

ABOUT LSF

GUIDESTAR Exchange GOLD PARTICIPANT

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