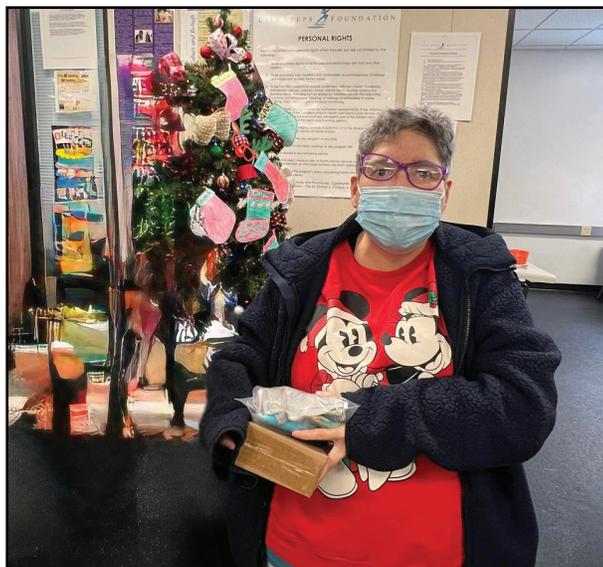


LSF Northern California Adult Services: Small Gifts, Big Impact

December brought meaningful moments of care and connection across our day programs at Life Steps Foundation—reminders that dignity, joy, and community are often built through the simplest gestures.

Our Social Dynamics program received a special donation of Disneyland hand soap, adding a fun, uplifting touch to everyday routines and encouraging consistent hygiene in a way that feels inviting and celebratory.

We were also grateful for the generosity of Thermo Fisher Scientific, which donated toiletries for our day program clients. These items support clients both at home and within the program setting, where they can practice and strengthen self-care skills as part of their daily goals and routines.



To close out the month, the Social Dynamics team went above and beyond to make the season feel festive and personal. Staff wrapped gifts and decorated the program space in preparation for our Christmas party on December 24, 2025, helping create a warm, welcoming environment where clients could celebrate the holiday with joy and belonging.

We're thankful to our donors and staff who help make these moments possible—turning everyday support into lasting encouragement for the individuals we serve.

LSF Southern California Adult Services: Holiday Party

We had a memorable, festive winter season at Life Steps Foundation SoCal Adult Services and we wanted to share one highlight with our readers in this Winter Newsletter. Our management team, led by Manager Elizabeth Flores-Gomez, hosted a spectacular Employee Appreciation Christmas Party on behalf of Life Steps Foundation to show our gratitude to our amazing staff. The event was a night to remember! With a photo booth, exciting games, and an array of prizes, the fun never stopped. A warm meal was followed by a delectable dessert spread, courtesy of our dedicated supervisors. Thank you for everyone who attended for making this event so special. We look forward to creating even more memories in the new year of 2026!



LSF Northern California Children and Family Services: We Play We Learn

Northern California Children and Family Services is expanding its Grow With Me program, funded by a First 5 San Mateo County grant and presented in partnership with Help Me Grow – San Mateo County. Beginning in February 2026, we will host free, weekly in-person circle time groups at the Pacifica Sharp Park Library every Friday morning for children of all abilities ages, 18 months to five years.

Led by early interventionists (EI), each 30–45 minute session helps children connect with peers through songs, stories, and hands-on activities alongside their caregiver. Families also receive developmental support, practical strategies (including visuals, gestures, repetition, and predictable routines), and have time for questions. They also receive referrals to additional community resources. These groups help toddlers build early social and learning readiness skills for more structured school environments.

“We love our teachers and the circle time so much. My boy loves attending—more than I thought he would. He stays engaged, has fun, and is learning. I would definitely recommend the circle time.” -Parent



LSF Southern California Children and Family Services: Client Story

The following is shared from one of our early interventionists, Grace:

Alexi was referred to Life Steps Foundation at 22 months old due to concerns regarding his language and social-emotional development. He lives with his parents and is exposed to both English and Mandarin Chinese.

At the beginning of the service, Aleksi had only one

word, “this,” to express his needs. Most of the time, he would point at objects or hand toys to an adult for assistance. He struggled with understanding turn-taking and found transitions challenging.

Over time, he learned some sign language, such as “open” and “all done,” and began imitating single words. He enjoyed engaging in pretend play with me and started to copy more and

more words and phrases as we played together.

By the end of the service, Aleksi was able to vocalize all his needs, speak in five-word sentences, and have fluent conversations with his parents. He blossomed into a polite boy who always holds the door for me when I arrive or was about to leave, and gives sweet smiles and good eye contact.

LIFE STEPS FOUNDATION®



LIFE STEPS PROGRAM LOCATIONS

5757 West Century Boulevard, Suite 880, Los Angeles, CA 90045

LSF Children and Family Services Southern California

Main Program Office
1930 Brea Canyon Road
Suite 265
Diamond Bar, CA 91765
(562) 699-4991

Program Office
632 West Avenue
Suite H-8
Lancaster, CA 93534
(661) 266-0756

Program Office
2500 Pacific Park Drive
Whittier, CA 90601
(562) 699-4991

Happy Campers
14035 Francisquito Avenue
Baldwin Park, CA 91706
(626) 338-5090

LSF Children and Family Services Northern California

Main Program Office
828 C. Mahler Road
Burlingame, CA 94010
(650) 777-9182

We Play We Learn
830 Rosita Road
Pacifica, CA 94044
(650) 660-5404

LSF Central Coast Adult Services

218 West Carmen Lane
Suite 108
Santa Maria, CA 93458
(805) 549-0150

LSF Northern California Adult Services

828 C. Mahler Road
Burlingame, CA 94010
(650) 259-1808

LSF SoCal Adult Services
500 E. 4th Street
Long Beach, CA 90802
(562) 366-7131

Life Steps Foundation was launched in 1983 and has successfully improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently as possible as adults. We accomplish this by enhancing their abilities and providing aid in the areas of communication, money management, household upkeep, mobility, socialization, and making healthy life choices. In addition, we provide in-home assistance to frail seniors who desire to remain living in their own homes. Please consider joining our Life Steps community with a donation. All donations support of our work to brighten the lives of the children, adults, seniors, and families we assist. We accept donations in the form of stocks, bequests, and vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

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