

LSF Social Dynamics: 1st Annual Fun Run!

On June 11, 2016, Life Steps Foundation's Social Dynamics Adult Behavioral Day Program held their 1st Annual Fun Run at Lake Merced in San Francisco, CA. The event started at 9am with 30 runners participating, documented by our office photographer Mr. Jay Mijares. One notable participant was Ms. Azenith Smith, a television reporter from the Bay Area news KTVU-2 and Ms. Tiffany Cleveland, a known behaviorist from the bay area who won 1st place! The runners collected their medals, drinks, sandwiches and gift items after finishing the run.

We would like to thank our sponsors PG&E, A Runner's Mind, San Rio, Jamba Juice, Young Art, and Costco who helped us make this event a successful one! Please join us next year for our 2nd Annual Fun Run in 2017.



LSF SoCal Adult Services: Seaside Learning Center

We finally had the chance to make improvements to our Seaside Learning Center. Our donation account was sufficient enough to allow us to use the money for a major overhaul. We expanded the center by knocking down two walls, closing up a large opening into the main offices by installing a door. By doing all this work, 3 weeks of a construction mess, we now can add two additional clients to the center!

We have created a large island area to serve clients, which allows the clients to hang out and have their coffee (there is a coffee maker with all the fixin's on the island) and also allows the staff an area to serve clients their meals. The theme of the center, of course, is the Sea. We will be hanging a surf board and paddles on the walls. There is still work to do at the Seaside Learning Center!

We have received a lot of praise from the staff, regional center and donors on how great all the work has turned out. If anyone would like to join us for a tour and to interact with the clients at the center, please let us know. Call (562) 366-7144 and Bob Turner will set up a time for your visit. Thank you to all of our donors for making this possible!



LSF CCAS: New Partner Engagement/Recognition Program

We are excited to announce the implementation of the LSF Central Coast Adult Services (CCAS) new partner engagement/recognition program. By creating engaged partners, they will value, enjoy, and take pride in their work and in turn it benefits our clients. Research states that engaged employees will be more willing to help each other and the organization succeed, take additional responsibility, invest more effort in their jobs, share information with peers, and remain with the organization than employees who are less engaged.



Central Coast Adult Services will be encouraging our partners to live the Life Steps mission, values, culture and core benefits through providing incentives and written acknowledgement from our management team as well as peer-to-peer recognition. The incentives and written acknowledgements will be handed out during on the spot field visits and during monthly staff meetings.

This program will boost morale to create happy, healthy and engaged workers who will provide dedicated, valued, and quality services focusing on the safety and outcome of our individuals.

LSF Santa Maria Wisdom Center: Ground Breaking Ceremony

Life Steps Foundation began a new chapter in its history with a formal groundbreaking ceremony for the new Santa Maria Wisdom Center located at 2255 S. Depot Street. The Santa Maria Wisdom Center provides comprehensive adult day health care services to the medically frail elderly, adults living with disabilities and those with a diagnosis of dementia and/or Alzheimer's disease.

Despite the wind and rain, supporters of the Santa Maria Wisdom Center turned out to witness this momentous day. "We are very excited that construction has begun," exclaimed Linda Gadbois, Program Director for the Santa Maria Wisdom Center, who sincerely thanked

all those in attendance for their faithful support. "As the only licensed Community Based Adult Services program in two counties, we currently have a waiting list of more than 30 people. We will soon be able to meet this need and expand our dedicated Alzheimer's program."



LSF Social Dynamics: Star of the Month



The LSF Social Dynamics's Star of the Month is Rico. He is one of the most well-loved participants at the program. He greets everybody by saying, "Good morning" upon arriving at the center. Before the daily activities begin at the center, he pulls up a chair to sit in front of the television to watch his favorite talk show. Rico enjoys our community outings with his educators and fellow peers. This is not the first time Rico won the Star of the Month award. Rico is jolly, independent and a loveable individual.

LSF CAFS: Goodbye & Thanks to Our LSF CAFS Program Director, Cynthia Fong-Wan!



Cynthia Fong-Wan with Wayne J. Lee, Council Member City of Millbrae, California

The 12 years that Cynthia has worked here have been marked by unsurpassed efficiency and excellence. We cannot thank her enough for the hard work she has put in and the guidance that she has provided. It is time for us to wish her all the best. Cynthia has consistently shown herself to be loyal, a hard working employee, and an integral part of the LSF CAFS team and the LSF group.

We would like to express our wholeheartedly thanks for all the great work she have done for Life Steps Foundation and best of luck on future endeavors.

LSF Children and Family Services: Lobster Feed

"The fact is, if we didn't have the early intervention where would my son be? I'm so grateful that we did have it and that he's making all the progress that he's made." - mom of Nygen, age 2

On behalf of Life Steps Foundation Children & Family Services, we thank you for your continued support and invite you to the 2016 Fall Auction & Lobster Feed, held Saturday, September 10th, 2016 at St. Timothy's Church Gymnasium.

This event continues to be a well-attended fundraiser and helps raise money to continue services for children under 5 with a developmental disability. With the financial support of the community our children and their families can get the support they need during these critical years of development.



Please visit our website to purchase your tickets: www.lifestepsfoundation.org/cafsnorcallobsterfeed

VOLUNTEER OPPORTUNITIES

LSF SoCal Adult Services' Client Participates in the Adult Literacy Program at Echo Park's Literacy Center

LSF client states, "I love to read the book. I play a game for fun. I like to watch TV or anime. I want to work what are the cool jobs. I wish I will find out. But the job is not easy."

Way to go, J.S! We are proud of you.



At Life Steps Foundation, we help those with the greatest challenges. You have the power to make a difference in the life of someone living with a mental, developmental or physical disability! If you want to become a volunteer, we would really appreciate your help!

Fundraisers

Interns

Special Events Community Outreach

Social Media Marketing

Volunteer Guest Speakers



Please contact, Daisy Salinas through our website or, development@lifestepsfoundation for more information!



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STEPPING UP FOR CALIFORNIANS WHO LIVE WITH A DISABILITY

From time to time, all of us need help taking some of the more challenging steps in life. At Life Steps, we help those with the greatest challenges by giving them training, skills and confidence to achieve greater independence and realize their personal potentials. In today's economy, your support is more urgent than ever.

Please consider joining our Life Steps Community with a donation. Visit **www.LifeSteps.org** and click the "Donate" button today! Your name will be recognized on our Life Changer list of donors. Thank you for your support.

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