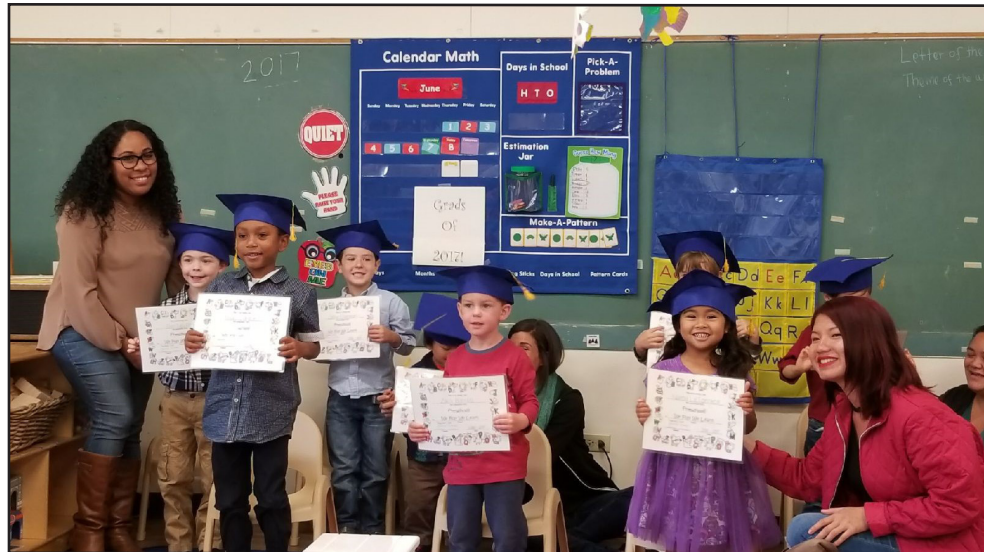


## LSF Children and Family Services: 1<sup>ST</sup> Graduating Class!



The We Play We Learn program had its first preschool graduation on June 9<sup>th</sup>, 2017. In the presence of family and friends, we had nine students graduate from our program. They sang a couple songs as a group, then each of the graduates got their diploma for completing their preschool experience. During their time with us, we have seen them grow and learned so much that it is simply amazing! We wish them the very best as they set off on their next big adventure!

## LSF Northern California Children and Family Services: Fundraising Event!



With the coronation of the newly opened Soul Cycle in San Mateo, CA, we had a successful charity ride with the NorCal CAFS team and numerous community supporters! It was a fun, high-energy workout that benefitted CAFS Children! Through the generosity of Soul Cycle,

100% of the proceeds from this ride was donated to CAFS for purchasing devices and equipment to help children with their growth and development. Thank you to Sharon and Kimberly for giving great introductions during the event.

## LSF Northern California Adult Services: Together Everyone Achieves More

On June 6, 2017, the Life Steps Foundation Northern California Adult Services held their yearly Team Building Conference which was facilitated by Simone Curls, Life Steps Foundation TCQM Director and Susan Chang, CEO of Life Steps Foundation, Children and Family Services. During the activity, each member was chosen to perform a specific role; one was a Builder, the others a Foreman, an Observer, and a Contractor. Everyone had to do their job in order to accomplish one common goal which was to build a specific figure using Lego blocks.

For the staff, the activity was a challenging but fun process. The team learned that open communication, trust, cooperation and group effort can contribute to a better productivity and understanding. We plan to present this team building activity every year. Team building will motivate every individual in our organization to become a part of a cohesive team, working hand in hand to go for one common goal - to be a dedicated provider of services to the individuals we serve.



## LSF Southern California Adult Services: Game Time!



On Wednesday, June 7, 2017, Life Steps Foundation SoCal Adult Services clients had the opportunity to experience their first ever professional baseball game. They visited the Los Angeles Dodgers stadium where they saw the Dodgers take on the Washington Nationals!

For many of the clients, this was their first Dodger game experience and many did not know that it was also their home team. The clients wore their Dodger blue colors to support the team. While at the stadium they enjoyed walking around and seeing the statues of legendary baseball players. Our clients had fun watching the live baseball game while eating snacks from the stadium. They also got a chance to participate in the wave and the 7<sup>th</sup> inning stretch. The clients said that this would be a memorable moment because not only did they get to experience a Dodger Game, but the Dodgers won 2-1.

The Seaside Learning Center and staff will definitely plan another baseball game soon! A total of six clients participated. The clients that attended the game won the tickets in a raffle held by the Life Steps Foundation SoCal Adult Services Sea Side Center.



## LSF Central Coast Adult Services: Client Story

**R**ichard G. greets everyone with a big smile wherever he goes. His easy going demeanor makes him a very likable individual. Richard likes to get out of the house as much as possible. He loves to have a good meal when he goes on outings. Sometimes his eyes are bigger than his appetite. One of Richard's goals is to reduce his smoking habit. Staff help Richard pursue his goal by keeping him busy doing activities he loves such as outings and being in the community. Life Steps also assists Richard in maintaining his health, safety, and home cleanliness so that he is able to continue living independently in his own community.



## LSF Senior Homemaker Program: Client Story

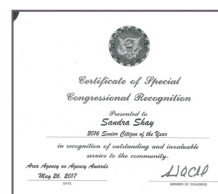
**C**hrisie V. is a very upbeat senior in the Atascadero location. She remains active by going to the Greek Festival with her family and participates in community activity with her friends from her church. She also enjoys cooking at home, however due to health issues Chrisie is in need of more help in doing tasks around the house. Life Steps Senior Homemaker Program has been able to assist her with meal preparation and light housekeeping.

**C**urrently, the Senior Homemaker Program is only offered in San Luis Obispo County. We are excited to announce the expansion of the Life Steps Senior Homemaker Program to the Santa Maria Valley starting July 1, 2017 and look forward to providing assistance to more seniors.

## LSF Santa Maria Wisdom Center: Volunteer Recognition!

**C**ongratulations Sandra Shay! Sandra was nominated by the Santa Maria Wisdom Center and was recognized for her amazing work with Life Steps at the Older American Month 2017 awards celebration. Their 34<sup>th</sup> annual awards program was held at the Santa Ynez Valley Marriott on May 26, 2017. The event was sponsored by the Central Coast Commission on Senior Citizens Area Agency on Aging.

**S**andra was a star that afternoon. She was given three different recognition awards. Sandra was given a Certificate of Recognition for Senior Citizen of the Year Award by the State of California Senate. She received a Certification of Special Congressional Recognition by the Members of Congress in recognition of outstanding and invaluable service to the community. Lastly, a Certificate of Recognition was presented by the California State Assembly for outstanding contribution to the community, and upon the occasion of being honored by the Central Coast Commission for Senior Citizens Area Agency on Aging as the Senior Citizen of the Year 2016.





5757 West Century Boulevard, Suite 880, Los Angeles California 90045

### STEPPING UP FOR CALIFORNIANS WHO LIVE WITH A DISABILITY

From time to time, all of us need help taking some of the more challenging steps in life. At Life Steps, we help those with the greatest challenges by giving them training, skills and confidence to achieve greater independence and realize their personal potential. In today's economy, your support is more urgent than ever.

Please consider joining our Life Steps Community with a donation. Visit **www.LifeSteps.org** and click the "Donate" button today! Your name will be recognized on our Life Changer list of donors. Thank you for your support.

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