

LSF Northern California Adult Services: 2nd Annual 7k Fun Run Event!



On September 2, 2017, Northern California Adult Services Social Dynamics adult behavioral day program held their 2nd Annual 7k Fun Run at Lake Merced, San Francisco. This year we chose to honor Kevin Hendrickson who was a very loved and admired participant at Social Dynamics for 13 years who passed away early this year. The Hendrickson family was able to attend the Fun Run and witness the love that Social Dynamics had for Kevin.

Despite the early morning heatwave, there was a great turnout! This year we raised more than \$11,000 thanks to all our individual donors, sponsors, and runners who participated in Social Dynamics' annual Fun Run! All event proceeds will support the Center and have a direct impact

on the lives of the disabled individuals served by the program.

We would like to thank our sponsors Sutter Health Mills-Peninsula Medical Center, A Runner's Mind in San Francisco, Entercom San Francisco, City of Burlingame, Pacific Office Automation and the San Francisco Recreation and Parks Department. To our additional supporters McDonalds Millbrae branch, United Studios of Self Defense, San Francisco Giants Baseball Club, Philippine News, El Reportero, Sound of Hope and San Rio, Inc., thank you for your support and involvement in our event. Last but not least thank you to our very own Social Dynamics partners and photographer Melo Recto! The event was successful and everyone had a blast!

LSF Northern California Children and Family Services: Activities & Grants!

Supporter Spotlight!



On behalf of Life Steps Foundation Children and Family Service (CAFS) and the many children with special needs we serve, thank you Millbrae Community Foundation for awarding us with a grant for the year 2017-18.

Their generous support will enable Life Steps Foundation CAFS to fulfill its mission to support more children with disabilities in our inclusion programs.

A Day At the Farm!



Life Steps' Infant Development Specialist and her precious participant went together to do a home visit with cows, geese, goats, and sheep. The duo enjoyed their first trip to the Little Farm at Tilden Park. They had a great time feeding the animals and visit-

ing a mama pig and her piglets, bunnies, chickens, roosters, and turkeys. This was an exciting day!

A Fun Summer at We Play We Learn



The children at We Play We Learn pre-school program spent a lot of time outside doing sensory play. The children scooped, measured, poured, and squirted water with each other. Together they hunted for hidden treasures in the colored water and shared all the water toys. The kids also divided kinetic sand with popsicle sticks, used cookie cutters to create different designs, and painted with water colors. This was an active summer for the program.

LSF Santa Maria Wisdom Center: New Building Update

The new building for Santa Maria Wisdom Center (SMWC) is still under construction. The Center's vision fills a growing and vital need in our community. The new facility will enable us to serve more families, expand our programs, and continue to provide high-quality health care and supportive services to enhance the well-being of medically frail seniors, their caregivers, and the community. The new Center affords us the ability to respond to the changing needs of the community through education and outreach programs. We look forward to providing a tour of the facility for the community when it opens.



Donna Beal, the Vice President of Program Services and Advocacy of Central Coast Alzheimer's Association said, "Families in the Santa Maria Valley need adult day health care for their loved ones. The LSF Santa Maria Wisdom Center provides this much needed service. In fact, there is greater need in the community than the current Center can provide and we look forward to the day when they have a larger facility. We are grateful to SMWC for their commitment to our families." The new building is located at 2255 S. Depot Street.

LSF Central Coast Adult Services: New Staff

Life Steps Foundation Central Coast Adult Services (CCAS) would like to welcome Rosie Salazar to the office! Rosie will be in the office as a Part-Time Administrative Assistant. Rosie has been employed with LSF since May 2016 as a full-time Lead Community Support Facilitator (LCSF) working in the field doing case management with our individuals. Even though Rosie will be in the office part-time, she will still

remain a part time LCSF in the field. Through having these two different positions with CCAS, Rosie is an asset to management because she has a better understanding of the policies and procedures and is able to utilize her in-field knowledge to assist co-workers, individuals, and community members. We are happy to have Rosie join us in the office.

LSF Southern California Adult Services: October Activities



The October schedule for Southern California Adult Services was packed with events. On Saturday, October 7, the Center was invited to a Transitional Resource Fair in Long Beach to promote and discuss the work and mission of Life Steps. Adriana N. and Kristine E. met with family members and parents of clients at the Harbor Regional Center. The Seaside Learning Center appeared to be the most popular subject as they ran out of pamphlets. That same day the Center participated in the Long Beach Marathon 2017. Nine participants ran in the 5k race event. Emma M., whose parent is a Life Steps staff, ran in the one mile children's race. On Sunday, October 8, three bike racers and one staff member ran the half marathon. On Monday, October 9, Kristine E., Patricia F., and a participant of the Center presented the Supportive Living Services program to parents and service coordinators and answered questions about independent living.



For the rest of the month, the supervisors are attending training on diversity in two sessions so that all of LSF management can attend. For the end of the month, the Seaside Learning Center is having a small celebration for Halloween. Our signature event has been postpone this year. We feel everyone deserved a rest as it takes a full staff and more than a week to put all of the pieces to showcase the Haunted House. It will be back next year. From all of us here at Life Steps SoCal Adult Services we are wishing everyone a cheerful month and Happy Haunting!



STEPPING UP FOR CALIFORNIANS WHO LIVE WITH A DISABILITY

From time to time, all of us need help taking some of the more challenging steps in life. At Life Steps, we help those with the greatest challenges by giving them training, skills and confidence to achieve greater independence and realize their personal potential. In today's economy, your support is more urgent than ever.

Please consider joining our Life Steps Community with a donation. Visit www.LifeSteps.org and click the "Donate" button today! Your name will be recognized on our Life Changer list of donors. Thank you for your support.

LIFE STEPS LOCATIONS

Life Steps Foundation (Corporate)
5757 West Century Blvd., Suite 880
Los Angeles, CA 90045
310-410-8190

LSF Southern California Adult
Services
(Affiliate)
500 E. 4th Street
Long Beach, CA 90802
562-366-7131

LSF Central California Adult Services
(Affiliate)
1431 Pomeroy Road
Arroyo Grande, CA 93420
805-549-0150

LSF Santa Maria Wisdom Center
(Business Unit)
1414 N. Broadway, Suite A
Santa Maria, CA 93454
805-354-5320

LSF Northern California Adult
Services
(Business Unit)
828 C. Mahler Road
Burlingame, CA 94010
650-259-1808

LSF Children and Family
Services
(Affiliate)
1930 Brea Canyon Road
Suite 265
Diamond Bar, CA 91765
562-699-4991

401 Santa Lucia Avenue
Millbrae, CA 94030
650-777-9182

632 West Avenue, H-8
Lancaster, CA 93534
661-266-0756

700 Rose Avenue
San Gabriel, CA 91775
626-614-9345

830 Rosita Road
Pacifica, CA 94044
650-777-9182

