

LSF Northern California Adult Services: Summer Fun and New Staff!

Happy Summer from Northern California Adult Services! As the days have grown longer, our participants and staff have been making the most of the season with celebrations, learning opportunities, and exciting updates. In June, we gathered at the park to honor Juneteenth and welcome the start of summer. Participants and support staff enjoyed hiking along the trail together and sharing refreshments in a day filled with community and reflection. July brought even more energy and joy. We were thrilled to welcome Ortega and Anabella to our team of support staff. Our participants celebrated Independence Day with a lively bingo event at the center, complete with prizes and plenty of laughter. The month also marked the successful completion of renovations to our kitchen and men's restroom, creating a brighter and more welcoming environment for all. August focused on growth and achievement. Our team completed Home and Community-Based Services training and proudly passed our program audit, demonstrating our commitment to the highest standards of care. To recognize the dedication and hard work that made this possible, we came together for a special staff appreciation lunch—an opportunity to celebrate each other and the community we are building every day. As summer comes to a close, we are deeply grateful to our participants, families, and staff for making these past months so meaningful. We look forward to carrying this spirit of joy, growth, and connection into the fall season ahead.



LSF Central Coast Adult Services: Assisting the Next Generation

Life Steps Central Coast Adult Services is assisting the next generation of adults with developmental disabilities. We have opened up our Independent Living skills program and are taking individuals who are transitioning from childhood to adulthood. These individuals still reside at home with their families for support but they have the whole world in front of them. They are working with our Community Support Facilitators to learn the life skills they need to live independently. This includes learning how to grocery shop, cook, budget, apply for jobs, apply for housing, and cleaning and doing laundry on their own. These individuals have big goals and some are even going to college to get their degrees. They just need a little extra support to accomplish their goals and Life Steps is here to assist. This is a huge transition not only for the individuals but for their parents and families as well. Life Steps supports everyone through these life changes, so parents can have a healthy relationship with their independent adult children.

LSF Southern California Children and Family Services: New Staff!

We are very excited to welcome Erika, a new staff member, to our team as we continue to grow and expand our ability to provide high-quality services to more families in our community. Our newest speech therapy provider

joined us in summer 2025. She brings a wealth of experience and knowledge from her many years of working with one of our school districts, where she supported the speech and language needs of elementary-age children. As a bilingual

professional, she is able to connect with and support a diverse range of families in our community. In her short time with us, she has already made a wonderful impact, and we are thrilled to have her as a part of our team.



LSF Northern California Children and Family Services: We Play We Learn

On Friday, June 6, 2025, we gathered to celebrate a milestone that felt both heartfelt and hopeful—Graduation Day for our young scholars. This year's class includes 16 wonderful graduates. Most are taking the exciting step into Transitional Kindergarten, while one graduate will be entering Kindergarten—a testament to the many pathways of growth our students take. The morning began with happy chatter, proud families, and the warm buzz that comes with seeing hard work blossom into confidence. Our short ceremony gave us a chance to recognize the progress each student has made—academically, socially, and emotionally. From first friendships to newfound independence, these are the moments that have defined their year. We are especially grateful to our partners at the National Charity League – Crystal Springs Chapter. Their volunteers generously created candy leis for each graduate—bright, festive, and made with love. To add to the fun, our team also prepared treat bags filled with goodies so each child could bring a bit of the celebration home. Afterward, we continued the festivities with cake and refreshments, sharing stories, snapping photos, and soaking up the joy of the day. Thank you to our families and caregivers for your trust and support, and to our dedicated staff for guiding our students with patience and care throughout the year.



LIFE STEPS FOUNDATION®



LIFE STEPS PROGRAM LOCATIONS

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LSF Children and Family Services Northern California

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Life Steps Foundation was launched in 1983 and has successfully improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently as possible as adults. We accomplish this by enhancing their abilities and providing aid in the areas of communication, money management, household upkeep, mobility, socialization, and making healthy life choices. In addition, we provide in-home assistance to frail seniors who desire to remain living in their own homes. Please consider joining our Life Steps community with a donation. All donations support our work to brighten the lives of the children, adults, seniors, and families we assist. We accept donations in the form of stocks, bequests, and vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

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