

LIFE STEPS  FOUNDATION

SANTA MARIA WISDOM CENTER

Caring for Frail Elderly and Adults with Disabilities



THERE HAS NEVER BEEN
A NEED IN SANTA MARIA

**QUITE LIKE
THIS ONE.**

STEP UP FOR SENIORS>>



SANTA MARIA WISDOM CENTER

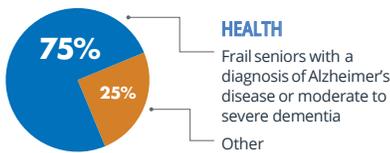
The Santa Maria Wisdom Center provides Adult Day Health Care services to frail elderly and adults living with chronic medical, cognitive, and mental health disabilities who are at risk of institutional care. Without the Wisdom Center, these loved ones would likely be moved to a skilled nursing facility at three times the cost.

CLIENT PROFILE

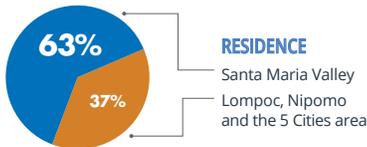
WHO WE SERVE

We care for frail elderly and adults with disabilities. Most of our clients have a diagnosis of moderate to severe dementia or Alzheimer's disease.

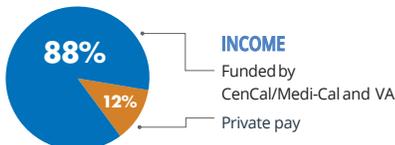
75%: Alzheimer's or Dementia



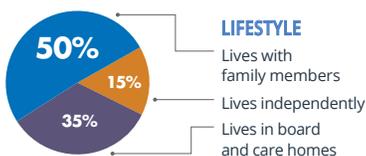
63%: Reside in the Santa Maria Valley



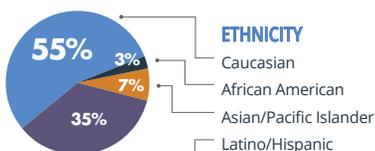
88%: Low to Moderate Income



50%: Live with Family Members



English, Spanish and Tagalog Spoken



SERVICES



WHAT WE DO

The Santa Maria Wisdom Center is the only licensed Community Based Adult Services (CBAS) Program in Santa Barbara and San Luis Obispo counties.

Operated by the Life Steps Foundation, the Santa Maria Wisdom Center provides a holistic roster of Adult Day Health Care services including nursing, therapeutic, rehabilitative, and caregiver support designed to keep clients active, engaged and living at home. Our multidisciplinary team of health professionals collaborate to determine and plan services necessary to meet each individual's specific health and social needs.

Nursing Services

Personal Care
Medication Management
Skilled Nursing

Counseling Services

Psychological
Behavioral Health
Nutritional

Rehabilitative Services

Physical
Occupational
Speech
Dementia-specific

Social Services

Assessment
Case Management
Referrals
Social Work

Caregiver Services

Scheduled Respite
Support Groups
Education
Advocacy

Other Services

Therapeutic
Recreational
Light Exercise
Meals + Snack
Transportation

COMMUNITY BASED ADULT SERVICES PROGRAM

CBAS is a California Medi-Cal (Medicaid) benefit providing a variety of assistance services to low income, elderly or disabled individuals if they meet specific criteria. The services are also available to private pay individuals based on eligibility criteria.

THE NEED FOR A NEW CENTER

1. Fill a Need



2. Double Capacity



3. Expand Programs



4. Permanent Home



5. Partnerships



6. Give Back



>> 1. A Top Priority
Nearly 25% of Santa Maria's population is disabled. For the last three consecutive years, the City of Santa Maria has identified the service needs of the frail elderly and adults with disabilities as one of their top priorities.

>> 2. Double Capacity
Relieve our sizeable waiting list and increase our capacity from 60 to 100 daily participants immediately.

>> 3. Expand Programs
Expand existing programs such as the Blue Plate meal delivery service and institute new programs such as the

Dedicated Alzheimer's Program and caregiver support groups as well as introduce new therapeutic activities like gardening.

>> 4. Permanent Home
Our current facility is leased which limits our ability to serve our clients and is not sustainable long-term.

>> 5. Better Care
Provide for better coordination with other services, agencies and community partnerships in caring for our clients.

>> 6. Give Back
Collaborate with the healthcare community and provide a space for seminars and trainings.



“Families in the Santa Maria Valley need adult day health care for their loved ones. The LSF Santa Maria Wisdom Center provides this much needed service. In fact, there is greater need in the community than the current Center can provide and we look forward to the day when they have a larger facility. We are grateful to SMWC for their commitment to our families.”

DONNA BEAL

VP Program Services and Advocacy
Alzheimer’s Association - Central Coast



THE VISION

The Santa Maria Wisdom Center fills a growing and vital need in our community. The new facility will allow us to serve more families, expand our programs and continue to provide high-quality health care and supportive services to enhance the well-being of medically frail seniors, their caregivers, and the community. The new Center affords us the ability to respond to the changing needs of the community through education and outreach programs.



THE DETAILS

Located at 2255 S. Depot Street, the new 9,500 square-foot Wisdom Center is designed to be a warm, welcoming environment that puts participants and their families at ease and provides a safe, secure place to receive medical care and enjoy planned therapeutic and stimulating recreational activities.

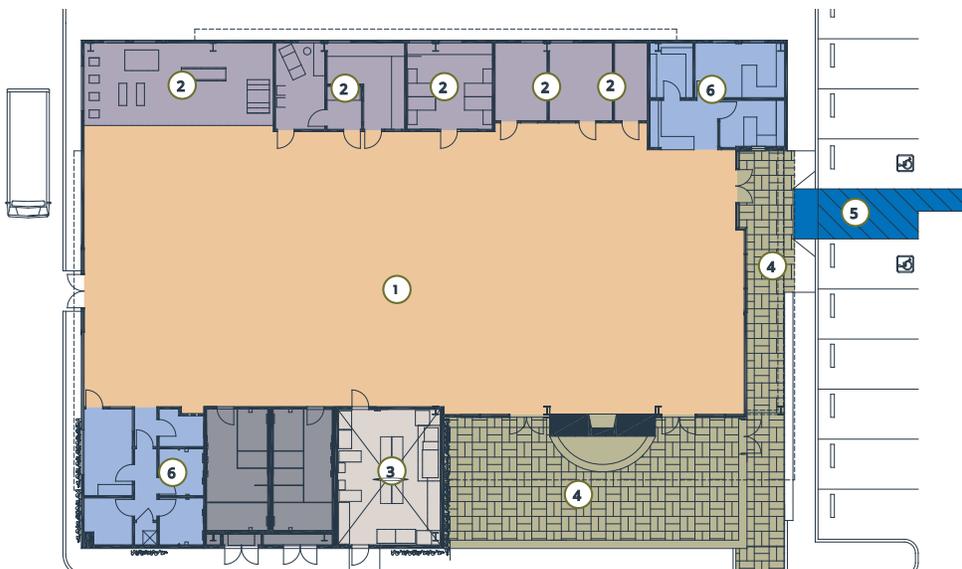
>> **1. Activity Room** The 6,000 square-foot Main Activity Day Room provides the flexibility to implement any and all of the Center's daily activities.

>> **2 and 6. Physical Therapy and Treatment Rooms** The private offices and treatment rooms, physical therapy room and assessment areas provide our healthcare professionals with the necessary space to serve our participants and their families.

>> **3. Commercial Kitchen** The full service, commercial kitchen will provide plenty of space to prepare two daily meals and a snack for our participants and expand our meal delivery program.

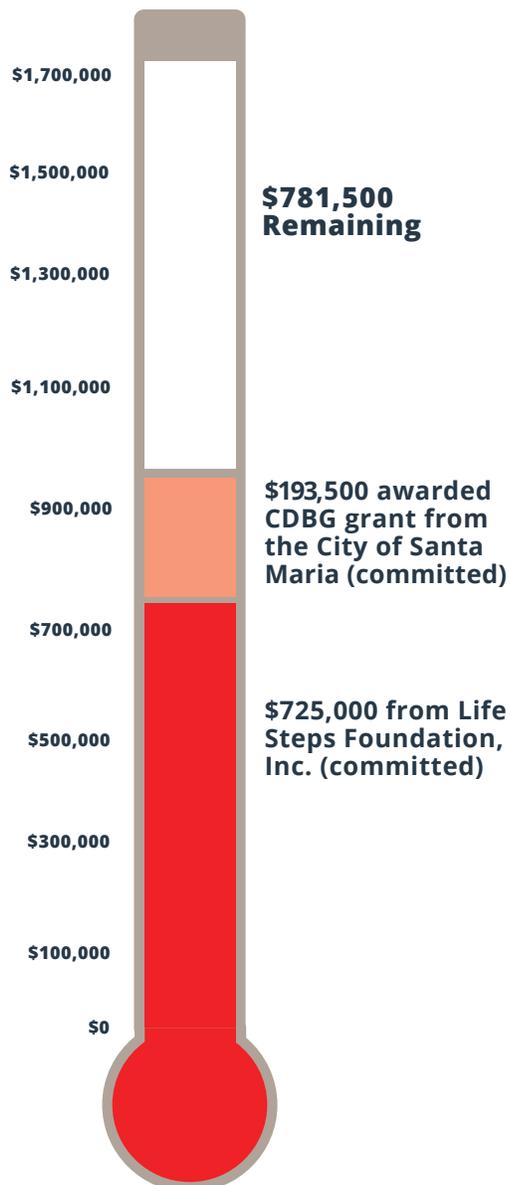
>> **4. Secure Outdoor Patio** The secure outdoor patio offers a total of 1,000 sq.ft. of outdoor recreation space with half of it covered for use in inclement weather. New activities such as gardening will be introduced.

>> **5. Secure Drop Off** The majority of participants are picked up at their doorsteps and returned home by our buses. The site design has been developed to provide secure, clear, and safe drop off and check in with supervision by several staff members.



PHASE 1 GOAL: \$781,500 REMAINS

Why give now? Because there has never been a need or a project quite like this one. As the only licensed Community Based Adult Services Program within two counties, the new Santa Maria Wisdom Center will fill a growing and vital need in our community, immediately double our capacity, and enable expanded programs. In 2015, we received a grant for \$193,500 from the City of Santa Maria toward the construction and have raised an additional \$725,000 toward our Phase 1 goal of \$1.7 million. We can't afford to wait!





PHASE 1 - CONSTRUCTION

Phase I will fund the construction and all of the equipment. The anticipated completion date is mid-to-late 2017.

PHASE 2 - PROGRAM SUPPORT AND EXPANSION

Establish an endowment fund, annual and planned giving opportunities.

A LIFELINE FOR OUR CLIENTS



"We're so grateful for the Wisdom Center for Mom. Five days a week she was stimulated socially, was well nourished, treated with kindness, and monitored by a nurse. If not for the Wisdom Center, she would have been watching tv or sleeping the day away. She was able to enjoy life to the best of her ability."

>>Family of Mary Lockett



"The Wisdom Center was a life saver for my family. My father was 24/7 care and we sent him there for some respite. The staff were friendly, loving, caring and empathetic. He was treated well and with respect no matter what he did. If it weren't for the Wisdom Center, we would have had to put my father in a skilled care facility two years earlier."

>>Family of Jim Morgan



"The Wisdom Center has helped me a lot physically and mentally. Physically by doing exercises and mentally by playing games and keeping my mind intact. I think it is a good program that is run well."

>>Billy L., Wisdom Center Client

"We had the comfort of knowing he was in safe hands."

"We're so grateful for your watchful, tender and joyful care of Dad Norberg as he participated in the Adult Day Health Care program. As he rode the bus and while at the Center, we had the comfort of knowing he was in safe hands and among those with caring hearts. We also were impressed by your diligent communication with us regarding his medical status and overall well being."

LISA NORBERG

Family of Ken Norberg
Santa Maria Wisdom Center Client



“The Santa Maria Wisdom Center is an important option for families to consider. Adult Day Care and Adult Day Health Care can help a senior be safe during the day while staying at home. The new building will provide sufficient space for all the activities and tasks to ensure it meets all the clients’ needs.”

JOYCE ELLEN LIPPMAN

**Executive Director, Central Coast Commission for Senior Citizens
Area Agency on Aging**

PROGRAMS

Adult Day Care

Adult Day Health Care

Dedicated Alzheimer's Program

Memories in the Making

Music and Memory

Blue Plate Diner

Dinner meal delivery to elderly "shut-ins"

Medical Assistant Externships

In Collaboration with the Center

for Employment Training

County Workforce Resource Program

Linda Gadbois, Program Director
(805) 354-5322

COLLABORATIVE PARTNERS

Area Agency on Aging

Alzheimer's Association
of the Central Coast

Adult Protective Services

California Department of Aging

California Department
of Health Services

California Department of Social Services

CenCal

Community Action Commission

Coast Caregivers

County of Santa Barbara

Dignity Health

Gold Coast Senior Options &
Dementia Care Associates

In-Home Support Services

Luis OASIS Senior Center

Senior Ombudsman

Support Housing Services

Veteran's Administration



**LIFE STEPS
FOUNDATION
SANTA MARIA WISDOM CENTER**

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