

### LSF Northern California Children and Family Services and Adult Services



Lobster Feed 2024 took place October 19th, 2024 on a Saturday in bright and beautiful Burlingame, California. Lobster Feed is Life Steps Foundation's annual dinner fundraiser led by our Northern California centers and staff. Although it takes place in the Bay Area, Lobster Feed is a celebration for all of the work done and people served in our communities across all of California. This year, we had a fabulous and fun time setting up the event with NCL's Crystal Spring Chapter and LSF staff. We also enjoyed a dinner full of fun and heart warming stories of Life Steps' impact on parents and children of We Play We Learn. We were honored to have Vice Mayor of Burlingame, Peter Stevenson, speak words of kindness and affirmation of Life Steps work and advocate for our continued services. We served over 80 guests and raised thousands of dollars with the help of our amazing supporters, sponsors, and donors. All in all, Lobster Feed was a wonderful success and evening full of laughter, gratitude, and an outpouring of support for Life Steps Foundation and the communities we serve. We look forward to another great event next year!



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## LSF SoCal Adult Services

This year, Seaside Learning Center (SLC) brought back the Halloween magic with its first party and maze since the pandemic, and it was a hauntingly good time! Participants had been eagerly waiting for its return, and their excitement was contagious.

The evening began with a cozy viewing of Hocus Pocus, followed by a thrilling Halloween maze. The night culminated in a lively gathering with music, food, drinks, and cherished moments shared with friends and family. SLC participants made this event truly special. Not only did they take part in the planning, but they also handcrafted delicious chocolate-covered pretzels for their guests—an extra sweet treat for the occasion!

The costume contest stole the show, with Cesar, dressed as Super Mario, taking home the prize for best costume. Everyone brought their A-game, and the creativity was inspiring!

Held on Wednesday, October 30, 2024, the party welcomed 25 guests, including participants and their families. The turnout, energy, and camaraderie were incredible.

We're thrilled to have brought back this Halloween tradition and can't wait to see it grow in the coming years. Thank you to everyone who helped make the night unforgettable!





## LSF Central Coast Adult Services

Lindsey came to Life Steps Foundation looking for a new beginning and caring staff. She moved from Santa Maria to San Luis Obispo in search of becoming more independent. Life Steps staff are working with Lindsey to learn what real independence is all about.

When having a development disability, independence is not just living on your own and having someone do everything for you. It is caring enough about yourself to complete the hard work needed to achieve the tasks you are truly capable of doing alone, advocating for yourself and asking for assistance when needed.



As Lindsey handles her health issues with many doctor's appointments, eating healthier, drinking more water, and completing physical therapy, Lindsey's true personality shines when she is proud of herself, listens to comedy, or tells jokes to make others laugh. Without



the support of all of her staff team providing encouragement, praise, redirection, and care, Lindsey would not be as independent as she is today. She is doing the work to increase her independence everyday for her future.

## LSF Southern California Children and Family Services

As the fall semester draws to a close, we'd like to take some time to reflect on the memories and milestones made at Happy Campers Children's Center this season. Our Fall Festival was a highlight, with the children working hard to prepare performances for their families. At the trunk-or-treat, they had fun trick-or-treating from the decorated trunks.

The children also put their creativity to use by transforming pumpkins into monsters—complete with faces, accessories, and even hair! The Casa Sunshine class has been diligently developing their practical life skills, advancing their sensory,

science, art, and language skills. Some of these skills can be seen through the artwork they worked hard on, such as colorful turkey legs and tissue paper portraits of bats and pumpkins.

Language skills have been a focus as well, with students learning to identify various letters and phonetics. Casa Treetop students have also been busy learning to identify letters and numbers in their day-to-day lives through tracing exercises and beginning to learn addition. The Casa Infant-Toddler group never fails to charm us all. This season, they spent time preparing performances and performed in

spider outfits, following along with movements to their songs.

With Thanksgiving around the corner, we held an early Thanksgiving luncheon where children and staff enjoyed the potluck dishes brought by parents. This year, we're thankful for the families who continue to support us and we wish all a blessed holiday season!

# LIFE STEPS FOUNDATION



## LIFE STEPS PROGRAM LOCATIONS

5757 West Century Boulevard, Suite 880, Los Angeles, CA 90045

### **LSF Children and Family Services Southern California**

Main Program Office  
1930 Brea Canyon Road  
Suite 265  
Diamond Bar, CA 91765  
(562) 699-4991

Program Office  
632 West Avenue  
Suite H-8  
Lancaster, CA 93534  
(661) 266-0756

Program Office  
2500 Pacific Park Drive  
Whittier, CA 90601  
(562) 699-4991

Happy Campers  
14035 Francisquito Avenue  
Baldwin Park, CA 91706  
(626) 338-5090



### **LSF Children and Family Services Northern California**

Main Program Office  
828 C. Mahler Road  
Burlingame, CA 94010  
(650) 777-9182

We Play We Learn  
830 Rosita Road  
Pacifica, CA 94044  
(650) 660-5404

### **LSF Central Coast Adult Services**

218 West Carmen Lane  
Suite 108  
Santa Maria, CA 93458  
(805) 549-0150

### **LSF Northern California Adult Services**

828 C. Mahler Road  
Burlingame, CA 94010  
(650) 259-1808

**LSF SoCal Adult Services**  
500 E. 4th Street  
Long Beach, CA 90802  
(562) 366-7131

Life Steps Foundation was launched in 1983 and has successfully improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently as possible as adults. We accomplish this by enhancing their abilities and providing aid in the areas of communication, money management, household upkeep, mobility, socialization, and making healthy life choices. In addition, we provide in-home assistance to frail seniors who desire to remain living in their own homes. Please consider joining our Life Steps community with a donation. All donations support of our work to brighten the lives of the children, adults, seniors, and families we assist. We accept donations in the form of stocks, bequests, and vehicles. Visit [www.lifesteps.org](http://www.lifesteps.org) and click the 'Donate' button today!

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