



LSF Northern California Adult Services: Renovation Update

We are excited to announce that the renovation for our Social Dynamics Program in Northern California is complete! The center was closed for the past 3 months. Our clients were eagerly awaiting our reopening and they were pleasantly surprised! The facility looks fantastic and the primary new features are as follows: Fresh paint, new flooring and a partition in our main area.

In the next few months, we will be inviting families and regional center social workers to come and visit the newly renovated day program/facility.

We would like to say thank you to the William G. Irwin Charity Foundation for making this project possible. Northern California Adult Services is ready to continue serving the Bay Area's communities with the passion and joy for which our day program is known.



Thank you William G. Irwin Charity Foundation!

LSF Central Coast Adult Services: **Expanding Cultural Impact**

entral Coast Adults Services situations such as inconsistent has expanded services to those who are Spanish speakers loved ones, lack of resources, and non-verbal/deaf individuals. communication Learning the specialized needed budget and rental issues. Life skills to work with different Steps has been able to guide these cultures and different levels of individuals on their way to happy, disabilities assists us in having new perspectives for individualized plans. We are stable excited to provide Life Steps services to all families and individuals with different levels of care. These new individuals have come from unstable

services, homelessness, loss of barriers. and healthy, safe and independent their lives in their own homes with supportive services.



LSF Southern California Children and Family Services: A Special Success Story

Daris was referred to Life Steps Foundation at 22 months old due to the parents' concerns with her speech and language development. She was exposed to Chinese Mandarin, Shanghai dialect, English and Japanese from home and preschool. The service was provided in Mandarin and English. When we first started our service, she was a shy and quiet girl with limited eye contact. She did not use any words to communicate yet, and she only pointed or made sounds when she needed help. After receiving Early Intervention Services. Paris learned some sign language such as "more", "all done", "open" and "help". Her eye contact with the Early Interventionist has increased as we had her take part in many interactive play activities. She enjoyed music a lot, so we practiced words and phrases through singing songs. Paris received a lot of praise and encouragement whenever she tried to imitate or say any words, so she eventually became loud and confident. By the end

of the service, Paris was able to name many pictures including animals, colors, shapes and so on. She loved to communicate with us by using gestures and phrases. Additionally, Paris became very verbally expressive, using Mandarin, English and some Japanese. According to her mother, Paris passed the final assessment and did not need to receive further services from the Special Education Service after turning three years old.

LSF Northern California Children and Family Services We Play We Learn: The Start of a New Year

PWL had a great start to the new year. We had Teacher Ann from the garden visit and bring in banana slugs for the kids to feed and interact with. They enjoyed watching them crawl around and try to escape the pan. We celebrated Valentines Day with a big party and lots of art projects. This included making Valentine bags out of brown paper bags and special Valentines for the parents on a canvas. The kids had so much fun passing out Valentines to their friends. Being able to give their parents the gifts they made for them brought big smiles to everyone. The early part of 2025 has been so much fun, and we are looking forward to our next adventure helping build a new bed in our garden and planting strawberries to harvest in the spring!







LIFE STEPS **FOUNDATION**[®]

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improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and

services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently

as possible as adults. We accomplish this by enhancing their abilities

and providing aid in the areas of communication, money management,

household upkeep, mobility, socialization, and making healthy life

choices. In addition, we provide in-home assistance to frail seniors

who desire to remain living in their own homes. Please consider joining

our Life Steps community with a donation. All donations support of our

work to brighten the lives of the children, adults, seniors, and families

we assist. We accept donations in the form of stocks, bequests, and

vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

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