

# Mission Statement

Life Steps Foundation is A fiscally responsible, culturally competent organization dedicated to meeting the health, psychological and socioeconomic challenges of individuals through their life span.

# About Children and Family Services

Children and Family Services (CAFS) meets the developmental needs of infants, toddlers and their parents.

CAFS staff are conscious of the ongoing need to maintain and improve the quality of service they provide. As a result, CAFS works hard to develop creative, family-oriented, high quality services.

# Life Steps Foundation, Inc.

## Corporate Office

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## *Children and Family Services Offices*

### **Alameda County / San Francisco County / Contra Costa County / San Mateo County**

401 Santa Lucia Avenue  
Millbre, CA 94030  
(650) 777-9182 / (510) 217-3476 fax

### **San Luis Obispo County**

150 S. 6th Street, Suite D  
Grover Beach, CA 93433  
(805) 904-6278 / (805) 904-6279 fax

### **Los Angeles County / Orange County**

13203 Hadley St., Ste. 107  
Whittier, CA 90601  
(562) 699-4991 / (562) 781-5149 fax

### **Antelope Valley / San Fernando Valley**

1334 E. Palmdale Blvd., Suite I  
Palmdale, CA 93550  
(661) 266-0756 / (661) 266-0124 fax

*Visit us online!*

**[www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)**

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LIFE STEPS



FOUNDATION™

CHILDREN AND FAMILY SERVICES



*An overview of how we help infants, toddlers and their parents*

*“Meeting unmet needs”*

Life Steps Foundation and its affiliate organizations are 501(c)(3) nonprofit organizations.

# Philosophy

Children and Family Services (CAFS) works to maximize the development of infants and toddlers (birth to 3 years old), who are at risk of developmental delays, and educate and support their parents. CAFS assists families with a variety of programs:

- ❖ In-Home Infant Development
- ❖ Developmental Evaluation
- ❖ Inclusive 1:2 Center-Based Infant Development Program
- ❖ Pediatric Therapeutic Services
- ❖ Comprehensive Parenting Program (Project Family Matters)
- ❖ Housing Services

## In-Home Infant Development

CAFS offers this service to infants and toddlers who have developmental delays or have established risk conditions. CAFS early interventionists visit families in their homes. They provide stimulation to the child's development according to six measurable developmental domains. Interventionists also coach parents in techniques to promote the child's development.

**Areas served:** *Alameda, Contra Costa, Los Angeles (including Antelope Valley), Orange, San Francisco, San Luis Obispo, and San Mateo counties*

## Developmental Evaluation

CAFS offers evaluation services to infants and toddlers referred by regional

centers. CAFS staff currently uses three eligibility assessment tools:

- ❖ Bayley Scales of Infant Development, Third Edition
- ❖ Developmental Assessment of Young Children (DAYC)
- ❖ Hawaii Early Learning Profile (HELP).

CAFS early interventionists determine the child's developmental status and use the information to develop an intervention plan in collaboration with the parents.

**Areas served:** *Los Angeles (including Antelope Valley) and San Luis Obispo County*

## Inclusive 1:2 Center-Based Infant Development Program

CAFS, through collaboration with preschools and child care centers, brings together, in center-based facilities, typically developing children and children who have developmental challenges. The children meet two to three times a week to learn and socialize in natural settings. Twice a month, early interventionists also visit the regional center-referred children who participate in this program in their homes.

**Center sites:** *Happy Hall School, 233 Santa Inez Ave., San Bruno, CA 94066; and Wee Play, 700 Rose Ave., San Gabriel, CA 91775*

## Pediatric Therapeutic Services

CAFS offers therapeutic evaluations and recommends resources for ongoing treatment to infants and toddlers who may benefit from physical, speech and

occupational therapy. CAFS interventionists work with the therapists and parents in a team approach.

**Areas served:** *Los Angeles County*

## Comprehensive Parenting Program (Project Family Matters)

CAFS offers this comprehensive support and educational service to parents who have developmental delays and either have or are expecting a child. Project Family Matters also provides infant development to their children if they meet the California Early Start eligibility criteria.

**Areas served:** *San Gabriel/Pomona Regional Center catchment area*

## Housing Services

CAFS offers money management to parents of Project Family Matters to ensure consistency of monthly rent payment.

**Areas served:** *San Gabriel/Pomona Regional Center catchment area*

# Contact Us!

**Northern California** ..... (650) 777-9182

**Central California** ..... (805) 549-0150

**Los Angeles County / Orange County** ..... (562) 699-4991

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